



Chorizo Scrambled Egg Tacos

Mexican Breakfast tacos add a little spice to the breakfast scene, in a delicious way.

Prep Time: 5 min.

Cook Time: 10 min.

Ready In: 15 min.

Serving Size: 6 servings

Ingredients

- ✓ 4 eggs
- ✓ 8 oz. (1/2 lb.) chorizo sausage
- ✓ 1/4 cup of chopped fresh cilantro
- ✓ 6 corn tortillas 5-6 inches

Directions

1. Cook chorizo in medium to large skillet until cooked through, about 5 minutes.
2. Whisk eggs and cilantro in medium bowl, add to skillet with cooked chorizo and cook for another 3-5 minutes.
3. Serve into tortilla and add desired fixings, cheese, sour cream, lettuces, etc.

Nutrition

Amount per serving

- ❖ Calories: 290
- ❖ Total Fat: 20 g
- ❖ Total Carbs: 13 g
- ❖ Protein: 15 g
- ❖ Cholesterol: 146 mg
- ❖ Sodium: 537 mg
- ❖ Potassium: 253 mg